



Body Part Songs

Sing songs about body parts. Touch each part of your body as you sing about it. Change the lyrics to introduce new words for body parts that children might not know yet, such as wrist or knuckles. Include words from a child's home language, if possible.

For example:

Head, shoulders, knees, and toes!

Head, shoulders, knees, and toes!

Wrists, knuckles, cheeks, and elbows!

Head, shoulders, knees, and toes!

Intentionally Teach Selected Vocabulary Words

“We said we were going to touch our wrist. That is the part that connects your hand and your arm. I can bend my wrist like this!”