



Button and Zip

Practice buttoning and zipping while playing dress up or dressing stuffed animals and dolls. Encourage children to practice dressing themselves or the toys, including buttoning, zipping, snapping, and tying.

You can also have seasonal clothes to help children adjust to changing seasons.

Promote Autonomy

“You are dressing our bear in a jacket all by yourself! You chose the jacket to keep bear warm since it is starting to get chilly outside.”

“You are working hard to put that button in that buttonhole.”