



## Body Part Songs

Sing songs about body parts. Touch each part of your body as you sing about it. Change the lyrics to introduce new body parts that children might not know yet, such as wrist or knuckles. Include words from a child's home language, if possible.

### For example:

*Head, shoulders, knees, and toes!*

*Head, shoulders, knees, and toes!*

***Wrists, knuckles, cheeks, and elbows!***

*Head, shoulders, knees, and toes!*

**More Support:** Slow the pace of the song so children can see you model and imitate touching each body part. If sitting nearby, gently help young learners find each body part, "Here's your cheek!"

## Encourage Children to Imitate Movement

"We said we were going to touch our wrist. See where I'm touching? Can you touch your wrist?"