



Class Soup

Get a bowl or basket and tell children you will be making soup. Encourage children to think of ingredients to pretend to add into the soup. The ingredients can come from certain food categories, like vegetables, or begin with the same letter (it's ok if the combinations are odd). Ask questions about how it would smell or taste if it were a real soup.

Promote Autonomy

“You chose popcorn for ‘P.’ Great idea! How does popcorn taste?” Be prepared to scaffold:
“Does popcorn taste spicy or salty?”

“This time we are adding in fruits. You are right! Bananas are fruit. That's a great fruit for our soup!”