



I Can Do It! Charades

One at a time, have a child act out self-care routines while the others guess what they are doing.

For example:

- ◆ Brush teeth
- ◆ Wash hands
- ◆ Put on a coat, hat, and mittens
- ◆ Take off their coat and hang it up
- ◆ Comb Hair
- ◆ Hang-up their backpack
- ◆ Put on their shoes

Narrate Using Self Help Skills

“I see they are pretending to put one arm in something, and then the other arm. Hmmm. What could they be putting on?”

“You were acting like you were brushing your teeth! It’s important to have clean teeth!”