



Wash Your Hands

Sing a handwashing song to help children know how long to wash and what actions they should be doing.

For example:

(Tune: Frere Jacques)

Wash your hands, Wash your hands.

Make them clean. Make them clean.

Tops and bottoms,*

Tops and bottoms.

In between,

In between.

Wash your hands, Wash your hands.

Make them clean. Make them clean.

Tops and bottoms,

Tops and bottoms.

Now they're clean,

Now they're clean.

*In this song the “bottom” of the hands is the palms while the “tops” is the opposite side. “In between” refers to between the fingers and thumbs.

Use Visuals and Cues

“You are singing our handwashing song to remember how to get your hands clean!”