

Dance Party

Explain that you will be working together to create a new dance! As the children work together on which move should come next, help them find solutions to any problems that may arise. Ask a child to suggest a dance move (e.g., a clap). Practice the move together, then encourage someone to add on. Put the first two moves together and continue until the class has a sequence of 3 or 4 dance moves. Have a dance party using the sequence of moves – add music when the class is ready! Be mindful of music volume for sensitive listeners and consider if the dance sequence is inclusive of childrens' mobility needs.

Narrate and Label

Working Memory

"I see you remembered which dance move comes first, second, and third!"

Managing Behaviors

"Nice job dancing! You are controlling your body so you don't run into your neighbor!"