



Emotion Charades

Have children play emotion charades by taking turns acting out an emotion, such as making an angry face, while the others guess what emotion it is. If children are able to identify emotions easily, you can add more to the game by asking them *why* the person might be feeling that way. If children are having a hard time guessing, you can offer hints.

Narrate and Label

Recognize and Describe Emotions:

“I see they are frowning! How do you think they are feeling.”

“They are smiling and holding up the picture they made. They might be feeling proud!”