



How Do They Feel?

Make up or tell interesting stories about people, characters, or animals. Prompt children to identify how they may be feeling and/or what they may need. Examples are below but consider the interests of your children.

Prompt Children to Consider the Needs/Feelings of Others

- ◆ “My son worked for hours last night on a puzzle and then my daughter knocked it over. Yikes-how do you think they felt?”
- ◆ “I watched the best show last night. (Character) saved the day by... How do you think they felt? How do you think the people were feeling before they got there?”
- ◆ “My cat got stuck outside last night. How do you think she was feeling? What did she need that she was missing?”