



## I-Spy

Give a clue about an object (e.g., “I-Spy something that is blue,”) and challenge children to find and move to the object (e.g., hop to the blue bucket to indicate that’s their guess). Include a variety of challenging movements (e.g., run, skip, crawl, and walk backwards). If a child is finding it difficult to locate an object, consider asking a friend to help. For example, “Hmm, that was a tricky clue. Would you like (Child) to help you find something that is square?” For more support, consider providing only one- or two-step directions.

## Narrate and Label

### Working Memory

“I see you are repeating the word ‘blue’ over and over to help you remember that you are looking for something blue.”

“You are remembering a lot at the same time. You are thinking about what the clue was, what you think it was, *and* how to move your body to crawl backwards!”