



## **It's Good to Be Me!**

Have children share something they are proud of or that makes them special. It can be something they accomplished (e.g., wrote their name or built a tower), or a character trait (e.g., kind, helpful, hardworking). You can give each child a turn in Circle Time or Transitions, or highlight a child (or a few children) each day during Circle Time or Meals.

Children may be tempted to share their new possessions (e.g., have new shoes). That's fine, but gently turn the conversation towards something more internal.

### **Acknowledge & Affirm Physical Attributes, Interests, & Characteristics**

"We are proud of ourselves for so many different things. I love how we are all different and special in our own way."

"I agree! You are \_\_\_\_\_. I remember when you \_\_\_\_\_."