



# Steady Beat Name Game

**Steady beat** is the ongoing, repeating pulse in music—it is the beat you’d naturally tap your foot to! Keeping and listening to a steady beat is a critical component of high-quality music learning. It’s a great addition to a name game to connect children to their peers and build community.

Have children seated in a line or a circle and encourage everyone to keep the same steady beat, either on their laps with their hands or by patting the floor with rhythm sticks, while saying each child’s name 4 times.

## Embrace Similarities and Differences

“We are all keeping the same steady beat. I can feel and hear our class working together! Our beat is the same, but our names are different.”