Dance Party

Invite a child to stand in the middle and do a dance move (provide suggestions for them to choose from if needed). Encourage the rest of the children to copy that move. Give each child a chance to "lead" the group.

To increase challenge, try linking two or more moves from different children together (e.g., clap then spin).

More Support: Encourage children to move to the music any way they can (e.g., sitting in your lap and bouncing, waving arms, wiggling).

Narrate Problems and Solutions

"I see you two bumped into each other while you were dancing and (Child) fell down. Let's move apart so you both have more room to dance."