



## Bean Bag Toss

Set up targets on the ground (e.g., an “X” on the ground made of tape or chalk, a basket). Encourage children to toss a bean bag as close to the target as possible. Add challenge by moving farther away from the target. You can also have children greet each other by tossing a bean bag during Morning Circle.

**More Support:** Encourage children at their ability level. It could be to pick-up, explore, lift, or drop the bean bag. Celebrate their success.

### Narrate and Label

#### Focus and Attention

“Nice job keeping your eyes on the “X” as you toss the bean bag!”