



We're A Zoo

Call out an animal, then have children pretend to move their bodies in whatever way they can to show the animal's movement. Repeat with a variety of animals (e.g., elephant, bird, horse, fish, bear, turtle, or pig) while children switch their roles and movement. When you say, "We're a zoo!" children pretend to be an animal of their choice. Add challenge by choosing animals that are hard to imitate (e.g., snake). For more support, model what an animal movement might look like.

Narrate and Label Children's Skills

Cognitive Flexibility

"I could tell you were thinking hard about what movement you needed to change to as you shifted from one animal to the next."

Managing Behaviors

"Some animals had big movements – like an elephant stomping – and some had small movements – like fish with puckered lips. Some were fast and some were slow. They all required you to control your body in specific ways."