



# Snack Math

Snacks or meals are a great time to talk about math!

While having a snack or a meal, you can:

- ◆ Count the number of crackers and raisins on the plate.
- ◆ Compare to see if there are more or fewer crackers than raisins.

**More Support:** Narrate counting one item at a time by holding up/pointing to one piece of food as you count.

## Prompt Children to Compare (Amount)

**Ask children to use one-to-one correspondence as they count their snack items:** “Let’s count our apple slices. 1...2...3! You have 3 apple pieces!”

**Use math words:** “I see you have more grapes than crackers. I counted 9 grapes and 4 crackers.”

**Ask children to compare amounts:** “Do you have more or fewer crackers than I do? Let’s count to find out.”