



## Time to Count!

Playfully count aloud at various times during the day.

### For example:

- ◆ Pass an object between children while counting each child.
- ◆ Count quietly and then get louder and louder.
- ◆ Count each step you take on the way to the playground.
- ◆ Count food on a plate or as you pass them out.

**More Support:** Narrate counting concrete objects. For example, use number words while counting how many arms a child has while putting on a jacket or how many blocks a child is playing with.

## Label Numbers and Cardinality

When you count, always point out that the last number indicates the total amount.

“1-2-3-4-5, wow! We just jumped **5 times!**”

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When possible, show the numeral.

“This is a 5. That’s how many times we clapped our hands!”