



In the Grass

Sit outside with children on towels, blankets, or in the grass. Invite children to freely explore and discover items in the grass (e.g., rocks, dirt, leaves, bugs, etc.). Talk about what children find, what it looks like, or where it may have come from. If your program does not have a grassy area, consider collecting nature items ahead of time for children to explore outdoors.

More Support: Model and narrate your observations while exploring the grass with children.

Use Comments and Questions to Promote Exploration

“You’re watching the ant climb up the blade of grass. I wonder what it’s going to do once it’s at the top. What do you think?”

“I see lots of green grass, and some patches of yellow and brown grass. Why do you think they are different colors?”