



Feeding Friends

During outdoor time or choice time, prompt children to “cook” food for each other or for their hungry stuffed animals or figurines. Challenge children to use other objects (i.e., sticks, blocks, play-dough, etc.) to pretend to cook with and eat.

More Support: Offer toy food. Rather than focusing on cooking, invite children to pretend to feed their stuffed animals or toys the food. Model cooking and feeding and narrate your ideas and actions.

Encourage Use of Props

“You are using that stick as a spoon to stir your soup.”

“Oh, you need a plate? Here you go (*offering a flat piece of playdough*)!”