



Scoop and Rescue

Fill tubs or buckets with water and place plastic toys, figurines, or balls in the water. Offer large spoons, cups, or scoops. Challenge children to rescue the objects from the water by only using their tools and not their hands!

More Support: Use less or no water in the tubs to decrease the challenge of objects moving in the water. Or allow children to use their hands to rescue items from the water.

Promote Autonomy

“Your toy keeps falling off of your spoon. I wonder if trying the bigger spoon might help?”

“It’s hard to catch that one! Is there a friend that might be able to help catch it with you?”