



Name Movements

Have one child say their name and make a movement (e.g., stomp foot). Everyone says that child's name and imitates the movement. Have the second child do the same, but this time, the class repeats the first child's name and movement and then adds the second child's name and movement! Build on until all children's names and movements are included.

Promote Autonomy

“What move do you want to add? Woah, that was a super tricky spin! Let's try it.”