



## Texture Touch

Help children discover textures by talking about the way different objects feel when touched (e.g., “This pillow is smooth and soft!”). Encourage children to explore the room to find objects of various textures (e.g., smooth, rough, fuzzy, soft, hard, squishy, etc.). As they search, help them describe and compare the items by their texture. Don’t push children to explore textures if they do not feel comfortable. Simply narrate how it feels or offer gloves for additional support.

### **Use Comments and Questions to Promote Exploration**

“This one feels smooth! What else can you find that feels smooth?”

“I see this one has little grooves on it. How do you think it will feel?”

“You noticed that the table was hard and smooth. What else in the room might also be hard? What about smooth?”