



Active Listening

Play a piece of music for your children and after 1-3 minutes, ask about what they hear in the music.

Early in the year: Start by giving specific guiding questions rather than open-ended questions.

For example:

- ◆ “Does this music sound like horses running or like a person dancing?”

Later in the year: Gradually move towards more open-ended questions to encourage their growing vocabulary.

For example:

- ◆ “What does this music make you think of?”
- ◆ “If this music was in a movie, what do you think is happening in the movie right now?”

If children are non-verbal, ask them to show you what the music sounds like by moving to the music (e.g., stomping, swaying, arms over head, head nodding, facial expressions, acting-out a scene).